



**Social
Emergency**

115

THE BASIC NEEDS GUIDE SUMMER 2025 – NICE AREA



- To eat**
- To take a break**
- To get medical care**
- To sleep**
- Clothing**
- Public toilets**
- To take a shower**
- Laundromat / Laundry facilities**
- Domiciliation**
- French classes**
- Addiction treatment services**
- Administrative procedures**

Soliguide

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EMERGENCY CONTACTS

Social emergency
SAMU
Police
Firefighters
Women's violence helpline
European emergency number
Emergency call for the deaf and hard of hearing
Children in Danger

115
15 ((Medical emergency))
17
18
3919
112
114
119

To eat

Call - 115



- Le 44 secours populaire - On referral** 44 rue Vernier (Monday to Friday)- 9 AM à 10:30 AM
- Secours catholique** 23 rue Paganini (monday, tuesday, thursday, friday) 8:30 à 11 AM closed on august
- Day shelter CCAS de Nice Le Phare 14 avenue du XVème corps -** (monday to friday) 9AM à 10AM
- Forum Jorge François** 9 rue Cronstadt (monday to friday) 8:30 to 9:30 AM
- Croix rouge « Saint François »** 1 ruelle Saint François (monday to friday) 9:30 to 11:30 AM closed on le 18 july at 11:30 AM/ return 2 sept 9:30 AM
- Petit Dej' Solidaire EL NOUZAH** 17 rue El Nouzah (week-end and public holiday) 7:30 à 9:30 AM
- Armée du salut** 1 rue Guigoni ((monday to Friday except public holidays) 11:00 AM to 12:15 PM – Contribution €1 – Closed on august
- Fourneau économique** 2 rue Badat (Monday, Tuesday, Thursday, Saturday except public holidays) 11:45 AM to 12:45 PM – Contribution €1 claused on August
- Le 44 secours populaire -sur orientation** 44 rue Vernier 12:00 PM to 1:30 PM – Contribution €1
- Day shelter CCAS de Nice Le Phare (Repas froid)** 14 avenue du XVème corps Monday to Friday) 11:30 AM to 12:30 PM
- Night shelter** 33 rue Trachel 11:30 AM, open on public holidays all year round
- 14 avenue du XVème Corps** : call 115
- Closed**
- Thiole** : call 115
- Closed**

To sleep

Call - 115



- Night shelter CCAS** 33-35 rue Trachel (no pets allowed) ID required – Open 7 days a week – Register on site – 6:00 PM
- Night shelter** 3 rue Balatchano (pets allowed) call 115 for registration
- Closed**

To take a break



- Day shelter CCAS - computer access, daily luggage storage for people attending the Day Reception**, 14 avenue du XVème corps (Monday to Friday except public holidays) 9 AM to 4 PM closed on Tuesday afternoons from June 17 to August 31, except in case of a heatwave plan
- Day shelter CCAS** 33 rue Trachel (weekends, public holidays and every day in case of a heatwave plan) 9:00 AM to 4:00 PM
- Secours Catholique Accueil de jour** 23 rue Paganini (Monday, Tuesday, Thursday, and Friday) 8:30 AM to 11:00 AM – Closed in August
- Secours populaire-sur orientation** 44 rue Vernier (Monday to Saturday) 9:00 AM to 5:00 PM
- Night shelter** 33 rue Trachel (public holidays) 9:00 AM to 4:00 PM
- Day shelter family TERRA MATA** 1 rue Fodéré prolongée (Monday to Friday) 9:00 AM to 4:45 PM
- Day shelter women** Oasis call 115

Laundromat / Laundry facilities



- Le 44 secours populaire** 44 rue Vernier by rdv 9 AM 5PM
- Secours catholique** 23 rue Paganini by rdv 8:30 to à 11 AM before august
- Croix rouge « Saint François »** 1 ruelle Saint François Tuesday and Friday, 9:30 AM to 11:30 AM, closed July 18 at 11:30 AM by registration/return 2 sept

Clothing



- Solidarite 06 Maraudes - Saturday** from 6:00 PM to 8:00 PM
- Secours populaire - sur orientation** 44 rue Vernier 9 to 5 PM
- Croix rouge « Saint François »** 1 ruelle Saint François (Monday and Thursday) 9:00 AM to 11:00 AM. Only with a cloakroom ticket, closed July 31 at 11:00 AM

To get medical care Call - 15



- Hopital Pasteur 2 (24/24h)** Permanence Accès Soins
For patients with difficulties accessing care:
Nurse on duty (Monday to Friday) from 8:00 AM to 4:00 PM
Medical consultations by RDV 04 92 03 32 13
- Doctors of the World** 162 rue de France 04 93 16 59 60
- Carrefour Santé Jeunes CD06** 2 rue Raynardi for 12-25 ages. (Monday) 3:00 PM to 7:00 PM (Tuesday to Friday) 9:00 AM – 1:00 PM / 2:00 PM – 5:00 PM
- Ordre de Malte medical truck** CAJ 14 av. du XVème corps (monday 10 AM)(Thursday 7 pm) **Thiole** 34 Av. Malaussena (thursday 8 PM) starting on 25/06 (every Wednesday at 7:00 PM until 09/03)
- Ordre de Malte Clinic** 1 rue Fodéré prolongée (Tuesday and Friday) 9:00 AM to 12:30 PM Ultrasound for pregnant women, psychologist, physiotherapist, general practitioner
- Croix rouge** 1 ruelle St. François General practitioner and psychologist (Monday and Thursday) 2:00 PM to 4:00 PM Closed July 10 at 4:00 PM/return 1 sept 2:00 PM
- Dental emergency** 28 bd Riquier (Monday to Friday) 8:15 AM to 12:00 PM, 1:45 PM to 5:15 PM
- Hôpital Pasteur** for dental emergencies (Sundays and public holidays) 8:30 AM to 6:30 PM
- CeGIDD CD06, Sexual Health Prevention and Diagnostic Center** 8 Avenue Baquis (Monday, Wednesday, Friday from 9 a.m. to 5 p.m. Tuesday from 10 a.m. to 5 p.m. Thursday from 9 a.m. to 12 p.m. and from 2 p.m. to 8 p.m.) Tel : +33 4 89 04 55 60
- SAMU Social "la Mut"** assessment, support: social, health, psychological (Monday to Friday) 9:00 AM to 12:30 PM – 1:30 PM to 6:00 PM. Tel 115 ou 06 08 25 58 17

To take a shower



- Day shelter CCAS de Nice Le Phare** 14 avenue du XVème corps 9:00 AM to 11:15 AM, then 1:30 PM to 3:30 PM
- Closed**
- Secours catholique** 23 rue Paganini (Monday, Tuesday, Thursday, and Friday) 8:30 AM to 10:30 AM – Contribution €0.30 – Closed in August
- Secours populaire** 44 rue Vernier Monday to Saturday, by reservation in the morning for the afternoon session

Domiciliation



- CCAS** 8:45 AM to 12:30 PM The domiciliation and luggage storage services have been relocated to 17 rue El Nouzah for several months in order to carry out renovation work on Avenue du XVème Corps. For persons with reduced mobility only, domiciliation interviews and mail delivery will continue by appointment at 14 Avenue du XVème Corps
- Secours catholique (-25 ans)** 23 rue Paganini Closed in August
Accueil de jour (Tuesday and Friday) 9:00 AM to 11:00 AM
(Thursday) 2:00 PM to 4:00 PM
- Closed**
- Secours populaire - sur orientation** 44 rue Vernier (Monday to Saturday) 9:00 AM to 5:00 PM

Public toilets



- Public toilets** 7 days a week from 9:00 AM to 6:00 PM – €0.50
Cours Saleya, Descente Crotti, Promenade de Paillon, Parc du château, Arenas
- Free public city toilets** 8 :30 AM à 6 PM Jardin Alsace Lorraine, Thiole, Jardin Arson , jardin de Cesso, Parc du Ray, St. Jean D'Angely, Parc Castel de Deux Rois

French classes



- Croix rouge** 1 ruelle Saint François Tuesday and Friday from 2:00 to 3:30 PM (registration required) Closed on June 27 at 3:30 PM
- Secours catholique** 23 rue Paganini Registration in the morning at the coffee reception Closed in August
- Secours Populaire** Appointment at 04 92 00 24 24
- Saint Vincent de Paul** 2 rue Badat - by registration (Monday, Tuesday, Thursday) 10:00 AM to 10:45 AM
- Closed**

Addiction treatment services



- CAARUD Lou passagin PSA** 12 rue Emmanuel Philibert
Reception, healthcare, legal support, prevention, guidance, sterile equipment, showers, washing machines (by appointment), harm reduction supplies – Unconditional, free, and anonymous access
- CAARUD Impactes** 85 bd Virgile Barel Support for users, showers, washing machines, Monday, Wednesday, Thursday from 9:30 a.m. to 12:30 p.m
- CSAPA** 6 avenue de l'Olivetto
Reception, healthcare, legal support, prevention, guidance, sterile equipment Monday to Friday from 8:30 AM to 5 PM -closed on 12/30 PM - 1:30 PM
- CSAPA Emergence** 5 Av. Martin Luther King,
Reception and guidance. Care, prevention, and sterile equipment by appointment. Mondays and Tuesdays: 9:30 a.m. to 12:30 p.m. and 1:30 p.m. to 6:30 p.m.
Wednesdays, Thursdays, and Fridays: 9:30 a.m. to 12:30 p.m. and 1:30 p.m. to 4:30 p.m

Administrative procedures



- Closed**
- ESCALE Youth drop-in and listening center** 12 Bd Riso
- For people aged 11-25 — by appointment
(Monday to Thursday) 8:30 AM to 5:00 PM
(Friday) 8:30 AM to 3:45 PM (Monday, Wednesday, Thursday) 1:00 PM to 5:00 PM (Friday) 9:00 AM to 5:00 PM
- Alpes-Maritimes Prefecture** 147 bd du Mercantour (Monday to Friday) 9:00 AM to 4:00 PM
- OFIL French Office for Immigration and Integration** 147 Bd du Mercantour 06200 Nice
- Forum Refugees** 48 route Canta Galet
Demandeurs d'asile : (Monday to Friday) 9:00 AM to 11:00 AM
- Secours catholique** 23 rue Paganini by RDV Closed in August
Social support every Thursday from 2:00 PM to 5:00 PM
Support for asylum seekers (Monday, Tuesday, and Friday) from 2:00 PM to 5:00 PM
- Secours populaire** 44, rue Vernier,
Social support du Monday to friday 9 AM at 4PM
- SAMU Social "la Mut"** assessment, support: social, health, psychological (Monday to Friday) 9:00 AM to 12:30 PM – 1:30 PM to 6:00 PM. Tel 115 ou 06 08 25 58 17